

# January 2008 Hot Lunch Menu



## Quad City Montessori School

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <i>No School New Year's Day</i>	2 Tacos Spanish rice Corn bread Tropical fruit Milk	3 Sweet & Sour chicken Brown rice Steamed veggies Eggroll Milk	4 Cheese & pepperoni pizza Salad Corn-on-the-cob Garlic bread Milk
7 Roast beef Mashed potatoes Peas & carrots / Pears Roll with butter Milk	8 Sloppy Joe's Corn-on-the-cob Fresh-cut oranges Cottage cheese Milk	9 Cheese ravioli Corn Green salad Applesauce / Peaches Milk	10 Broccoli & cheese casserole Cottage cheese Whole wheat roll Milk	11 Chicken sandwich 3-Bean salad String cheese Applesauce Milk
14 Fish sticks Creamed corn Applesauce / Grapes Rye bread & butter Milk	15 Mac & Cheese Peas Fresh kiwi & banana Wheat bread & butter Milk	16 Corn dog Carrot chips & dip Mixed green salad Fresh cut apples Blue Jello / Milk	17 Beef & broccoli Brown rice Crab rangoon Pineapple Milk	18 Cheese pizza Spinach salad Mandarin oranges Cottage cheese Milk
21 <i>No School Martin Luther King Jr. Day</i>	22 Cheese Veggie Burger Cottage Cheese Fresh veggies & dip Tropical fruit / apples Milk	23 Roast Turkey with gravy Mashed potatoes Peas Pineapple Milk	24 Fettuccine Alfredo French-cut green beans Tropical Fruit Roll with butter Milk	25 Spaghetti Green beans Tropical Fruit Garlic bread Milk
28 BBQ rib sandwich French fries Steamed veggies Fruit salad Milk	29 Chicken strips Mashed potatoes & gravy Green beans Peaches Apple crisp / Milk	30 Lasagna Green beans Fresh kiwi & grapes Garlic bread Milk	31 Sweet & Sour chicken Brown rice Peas & carrots Veggie Eggroll Tropical fruit / Milk	1 Cheese pizza Carrot sticks / Fresh strawberries & banana Bread sticks Milk

**Dates to Remember:**

Classes resume January 2

**January 15:**  
Parent Education Night

**January 21:**  
No School in observance of  
Martin Luther King Jr. Day

**Wednesday January 30:**  
Early Dismissal, 1:00 p.m.  
Staff Development

[www.qcms.org](http://www.qcms.org)